

THE RACE · RACE RULES

Race Rules & Regulations

Everything you need to know before entering and during the race. Official 2027 rules for 100 Miles, 105K, and 55K.

2027 Rules

Official regulations

September 8, 2026

Last updated

March 12–14, 2027

7th edition · registration open

El Reto del Indio takes place in deep tropical rainforest, during night hours and across technical terrain. These regulations exist for **your safety and environmental preservation**. Please read them thoroughly before registering.

Rules by Category

The complete regulations, section by section.

1 Registration & Bib Transfer Policy

Registration is strictly personal and non-transferable. Once confirmed:

- **Distance changes** are permitted up to 30 days prior to the event, subject to slot availability.
- **Refunds** follow the official policy listed on UltraSignup; no refunds inside the 30-day window.
- Unauthorized bib transfers to another person are strictly prohibited for emergency and medical insurance reasons.

2 Mandatory Equipment Checks

Every runner must carry mandatory gear throughout the entire race. Random gear checks occur at aid stations.

- Primary headlamp with spare batteries (mandatory for night start).
- Minimum 1.5 L water capacity hydration vest / flasks.
- Emergency space blanket, whistle, and hooded waterproof rain jacket.
- Powered phone with emergency contact number saved.

View the complete list on the [Mandatory Gear page](#).

3 Cut-off Times & Station Closures

Designated aid stations have strict cut-off times. Any runner arriving after cut-off must withdraw from the race for safety reasons.

CATEGORY	MAXIMUM OVERALL LIMIT
100 Miles	~38 hours (closing Sunday 8:00 AM)
105K	~25 hours
55K	~12 hours

Station cut-offs are published on the [Aid Stations page](#).

4 Trail Ethics & Environmental Protection

El Reto del Indio is built on **camaraderie and environmental respect**. All runners must adhere to:

- **Strict Leave No Trace** policy: zero littering (gel wrappers, cups) on the course.
- **Mutual support**: helping fellow runners in distress and respecting local communities.
- Following official trail markers; cutting switchbacks or off-trail shortcuts is strictly forbidden.

5 Disqualification Grounds

Immediate disqualification (DNF) applies for:

- Missing mandatory gear items during a check.
- Receiving unauthorized crew assistance outside designated aid station zones.
- Littering anywhere on the rainforest trail.
- Unsportsmanlike behavior towards volunteers, staff, or local residents.

The organization reserves the right to apply time penalties or disqualification depending on the severity of the infraction.

6 Pacers & Crew

Pacers are allowed only in the 100 Miles category and only from the designated point onward. Crew may assist exclusively at authorized aid stations.

- One pacer per runner at a time; pacers may not carry the runner's gear.
- Crew must respect each station's schedule and designated areas.

7 Withdrawal & DNF Procedure

A runner who decides to withdraw **must** report it at the nearest aid station and hand in their chip/bib. Never leave the course without notifying the organization.

Questions about the regulations? Write to us via [Contact](#). This document is a guide; the official PDF regulations prevail.

HEALTH & SAFETY

Medical Recommendations

Before registering for a trail running race — especially at medium and long distances — we recommend completing at least the following checks:

- **General clinical evaluation** (medical history, physical examination, blood pressure, heart rate).
- **Resting electrocardiogram** to rule out cardiac abnormalities.

- **Basic blood and urine tests**, which help identify anemia, metabolic imbalances, or kidney problems.
- **Stress test (ergometry)**, especially for long-distance runners, to assess how the heart responds under load.

Why do it?

- **Risk prevention:** detecting conditions that could worsen under effort (hypertension, arrhythmia, anemia, etc.) in time.
- **Optimal performance:** knowing your real state of health lets you train and compete more safely and efficiently.
- **Peace of mind:** reaching the start line certain that your body is ready for the challenge.

At **El Reto del Indio** we believe the real victory is not only crossing the finish line, but doing so with health, safety, and enjoyment. Your medical certificate is the first step.

BEFORE YOU REGISTER

Waiver & Release of Liability

By completing your registration you electronically sign the following legal instrument. Read it carefully.

This instrument is a legal document of commitment which I have signed of my own free will. I understand that this is an extreme, high-risk event in remote terrain, where access for a rescue or any kind of medical attention may be difficult and/or delayed. I hereby affirm that I am in good physical and mental condition. I also affirm that I am not currently under any medical care that would prevent me from taking part in this event, and that I do not use drugs or any medication that would limit my participation in this type of activity. I understand that FUNDACIÓN PURA VOLUNTAD / EL RETO DEL INDIO acts on the basis of my honest declaration of my physical condition.

I understand and accept that the organizers and promoters of this event, as well as the sponsors and/or their respective employees, officers, volunteers, and agents, may not be held responsible in any way in the event of injury, death, or other harm concerning me, my family, my heirs, or my agents, that may result from my participation or attendance at this activity, or for the liability of any product or the negligence of any person, including the parties released from liability, whether active or passive.

I likewise accept that FUNDACIÓN PURA VOLUNTAD / EL RETO DEL INDIO may take photographs and/or video of me during the event. These may be used at the discretion of FUNDACIÓN PURA VOLUNTAD / EL RETO DEL INDIO in publications, promotional and educational material, social media, television, and other media.

Danger: this is an extreme event that may cause severe physical harm and even death. My signature on this document is proof that I have read all of the above and that I understand and accept the terms of this contract.

Runner's name

Signature and date

© 2027 El Reto del Indio · Fundación Pura Voluntad. Non-profit event. Guidance summary of the regulations — the official PDF version prevails. Official registration: [UltraSignup](#).